

## Wit and wisdom that connects.







## Contact Information for Mary B. Lucas

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## **Biography**

Mary B. Lucas is an author, speaker and people connector.

As Chief Talent Officer for Supplemental Health Care, Mary and her team focus on creating solutions that enhance the talent experience and deliver efficiencies to the organization in the areas of talent acquisition and retention.

Mary has more than 30 years of industry leadership experience. Starting as a recruiter just out of college, she has spent her entire career in the staffing industry focusing on connecting people with companies and companies with people.

In 2006, she published the highly successful book, *Lunchmeat & Life Lessons*, a motivational memoir and tribute to her father on how to bring out the best in yourself and others. The book's momentum took off immediately and its impact felt around the world. Companies, professional organizations and universities have invited Mary to speak to audiences large and small and share her wit and wisdom. She has spoken to thousands of people at hundreds of corporate audiences, commencement addresses and professional meetings with one mission: to share life lessons that help people create meaningful connections and inspire themselves.

Mary makes her home in Kansas City with her husband, Scott, and their two sons. She is involved in philanthropic work with the American Heart Association as a living legacy to her parents who both died of heart disease.